



GRAB & GO MENU

# MENU

## LONE TREE LIONS

### MONDAY

Tortilla chips/ cheese cup/ salsa/ apples/ baby carrots/ granola bar/ Yogurt

### TUESDAY

Yogurt/ Yogurt parfait/ Granola/ Muffin/ Cucumber slices/ Fresh fruit/ Hard boiled egg

### WEDNESDAY

Ham and cheese sandwich/ Cheese cubes/ Chips/ Broccoli/ Hummus/ Grapes/ Carrots/  
Chips Ahoy Cookie

### THURSDAY

Meat/Cheese stick/ Baby Carrot/ Snap pea/ Hummus/ Applesauce/ Graham snack/  
Pretzel

### FRIDAY

Pizza packable/Fruit/ Snap peas/ Chips



JAN. 1ST, 2023